



**Edu** **Art**

*Scenario*  
of EduArt offer

Masks are falling  
- Storrtelling

made by  
**Poland**

Co-funded by the  
Erasmus+ Programme  
of the European Union



### Introductory session

approx. 40min

- Self introduction; everyone says something about themselves and their motivation to take part in the workshop.

Auxiliary questions: Why are you here? What are your expectations? What are you coming with? What energy can you give to the group today?

- The leader talks about the goals of the workshop; refers to the statements of the participants and the expectations they formulate;
- Contract - establishing common rules during the workshop and writing them down;
- Warm-up exercises:

**Part a)** The leader chooses such an exercise whose character can primarily strengthen the mindfulness of the participants towards the whole group, allows you to safely tell something more about yourself, stimulates creativity, but at the same time is simple enough not to be intimidating at the very beginning of the meeting.

- **Suggestion 1:** Each participant is asked to tell the group 3 things about themselves. Two of them are supposed to be true and one is not true. The task of the group is to remember them, observe them, and only at the end of the class try to guess which sentences were true and which were false.
- **Suggestion 2:** The facilitator lists two different preferences in turn and asks the group to identify their belonging by occupying a specific place in space, e.g. Holidays by the sea or in the mountains? By the sea to the left, in the mountains to the right. Glass or porcelain? Dogs or cats? Potato pancakes with sugar or salt? Cinema or theater?
- **Suggestion 3:** Participants pair up and tell each other a few sentences about themselves. The person who listens can choose individual words from the story and ask the narrator to elaborate on a given topic (e.g. "I have a dog that I took from the shelter" - "Tell me more about the shelter"; "I like my flat on the 2nd floor" - "Tell me about more about the second floor").

**Part b)** The teacher chooses the exercises that the participants will be able to do in a group. The exercises should be quite easy, and the time to perform them should be very limited, so that the participants do not have time to think about the correctness or sense of the story and its recording.

- **Suggestion 1:** THE WORST AND THE BEST EMPLOYEE TRIP - the leader divides the team into two groups; each of them is to create a description of the worst imaginable work trip (e.g. worst possible date, worst possible composition, worst possible transport, worst possible room allocation, etc.) After reading this story, the group's task is to come up with a scenario for the best trip. The task of the facilitator is to observe the level of group involvement and creativity of ideas. If there is a need, he prompts the group by asking questions (e.g. if you have chosen the worst transport - "an old dilapidated bus without air conditioning", then who will be its driver in the worst version and what kind of music will he listen to on the radio?).

- **Suggestion 2: A COMPLETELY DIFFERENT STORY** - the leader divides the team into two groups and gives each of them the task of writing a short fairy tale based on well-known fairy tales, e.g. Cinderella or Little Red Riding Hood. The group's task is to change as much as possible in the content, but so that the structure of the fairy tale remains recognizable (e.g. "One day Little Red Riding Hood went to Grandma's with a basket of food" - "On a particular night Blue Shoe stayed home empty-handed"). The task of the groups will be to guess which fairy tale was the starting point for the creation of a given story.

## Main session

2 hours and 20 minutes with a break

### 1. What did I not know when I was a child?

A short introductory conversation about what strange/funny beliefs accompanied us in childhood. Participants write sentences on small pieces of paper and throw them into a common pool. Then, by drawing lots, they create lines of the poem from the selected sentences.

### 2. I tell - I listen - I give my story

Participants pair up. Their task is to tell each other a selected short true story/adventure that they thought was informative and taught them something. The task of the listener is to remember as many details as possible, so that in the next round they can tell their partner's story from memory as if it were their own. Time for a story: 3 minutes.

After the exercise, a short summary and a conversation about how we feel when someone recreates our story (what happens to our story, what we remember, what we forget, how we react to possible mistakes).

### 3. Confusion

In the next round of the exercise, the participants change partners, and their task is to tell the other person a selected version of the story that was created in the first exercise. Each participant decides for himself whether a) he will tell his story in the first person and will not change anything in it; b) tell his story, but from the perspective of another narrator; c) tell his partner's story, pretending it's his own. Repeat the exercise 3 times, changing pairs each time. In the last round of the exercise, we can already encounter a situation where both people in a pair tell the same story but from a different narrative perspective.

### 4. A story in a circle

We give participants time to think about which of the stories told or heard (or which version of the story is told) they find most interesting. People who are willing can tell the story in the group forum. After the session, each participant saves a story of their choice, so that it can be included in the installation.

Summary, talk about impressions. About how we feel hearing different stories, in different versions. What interests us in history and what interests us about ourselves.

## Final session - relaxation

10-15 min

The participants stay in the dark, with small lights or candles. They lie comfortably on the floor on a mat or mattress, close their eyes and breathe deeply.

Editors: Krystyna Bocheńska Publisher: ATJ Lingwista March 2023 images: ©Alijca Szulc  
Graphic design of masks: ©Emilia Mariańska



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