



**Edu Art**

*Scenario*  
of EduArt offer

Masks & Roles”  
- Masks in theatre work

made by  
**Germany**

Co-funded by the  
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## Masks & Roles” - Masks in theatre work

The offer includes 8 sequences of modules with a duration of about 24 hours which take place within the framework of a weekend workshop and, if possible, a separate date for the evaluation and assessment of the learning outcomes. The focus of the offer is on creative, group-dynamic and theatre- pedagogical exercises, which lead to the joint creation and performance of a short theatre play.

### Module 1

### Sociometric group work (30 min)

#### Overview

Using a room to build different sociometric pictures of the group.

#### Goals

- Forming a group
- Producing pictures to identify the group – and myself as part of this group

#### Type of activity

Facilitated group work.

#### Material needed

- a room with enough open space to form the group pictures

#### Preparation

- the facilitator should prepare the questions in advance

#### Procedure:

The start should be Icebreakers like:

- building a row from smallest to the highest participant
- a row according to the birthdays in the group (first of January to last day of December)
- a row according to the alphabetical order of the first names
- a row according to the alphabetical order of the preferred colours
- building a map (north-south, east-west) of places of residence of the participants

Then moving forward to more content related of personal issues like:

- map of places of birth,
- row of number of relocations in life,
- using the room to position oneself according to previous experience in theatre work (lot of – none)

Finally addressing the core topic directly

- How German are you? (scale from 0 to 10)

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## Reflection

Reflecting all pictures – possible general reflections:

- How did you manage to build the picture?
- what is interesting?
- What does it show?

Asking a couple of participants – possible questions:

- You are coming from the North/South/East/West – where exactly are you living?
- What is your scale of being German – why did you choose this one?

## Module 2

### Storytelling (4 – 6 hours)

#### Overview

Every participant tells a personal story (related to the general theme) out of her/his live to another participant – a process of retelling and reworking creates anonymous, but very relevant stories related to the general theme, which can enter in a theatre play.

#### Goals

- Individual reflection of biographic relation to the general theme
- Finding a way to tell my own story without giving up my privacy

#### Type of activity

Facilitated work in groups of two; common group reflections, creative work on real live stories

#### Material needed

- A big room offering enough privacy, or a couple of small rooms/spaces

#### Preparation

- Preparing the schedule and the explanations given to the participants for each step

#### Procedure:

- telling personal stories (in one to one settings),
- reworking, exaggerating, distorting them (in different pairs),
- placing them in other real and emotional contexts,
- retelling them (more than once)
- telling anonymous versions of the stories to the overall group

## Reflection

Reflecting the individual processes and emotions of participants: what happened to your story? how did this feel? ...

## Module 3

### Work on the theme (2 or more time blocks of 2 hours)

#### Overview

Doing source studies on the theme

#### Goals

- deepen the understanding of the theme

#### Type of activity

Individual or group work; presentation of results

#### Material needed

- interesting written material on the theme

#### Preparation

- preparing material
- preparing interesting proposals for possible source works done individually or in groups

#### Procedure:

- Analysing written material on the topic
- Doing interviews with friends and colleagues
- Presenting/discussing the results of the studies

#### Reflection

- Reflecting the collected material: what changed in our perception of the general theme?

## Module 4

### Theatre of things (30 minutes per participant)

#### Overview

Using everyday material that may tell interesting stories about you in relation to the theme

#### Goals

- Individual reflection of biographic relation to the general theme
- Finding a way to tell my own story in a safe way

#### Type of activity

Individual presentation, feedback

#### Material needed

- A (small) stage where participant present their material and tell their stories about the meaning and significance of the material used

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## Preparation

- preparing a room/stage;
- preparing the orientation (possible examples of interesting material) given to the participants

## Procedure:

- choosing things of my everyday life that speak for the theme / for myself
- presenting things in a personal way / in a theatrical manne
- getting feedback of a first and very friendly audience

## Reflection

- reflection of feelings and learnings of the participants

## Module 5

## Bodywork (several blocks of 30 minutes)

### Overview

Preparing the body to be able to use it as a means of communication

### Goals

- physical and mental well being
- attention to the own body
- attention to one's own possibilities of expression

### Type of activity

Oriented group work.

### Material needed

- a room that is large enough and has a suitable floor

### Preparation

- getting an idea of the physical possibilities of the group and choosing the appropriate exercises

### Procedure:

- standing, stretching, turning, bending, keeping balance,
- walking, striding, forwards, backwards, with and without music,
- imitating the movements of a selected person,
- expressing emotions physically.

### Reflection

- What did this body work do to you?



## Module 6

### Work on the voice (several blocks of 30 minutes)

#### Overview

Preparing the voice to be able to speak freely and clearly

#### Goals

- physical and mental well being
- attention to the own voice
- attention to the own body posture
- attention to one's own vocal possibilities of expression

#### Type of activity

Oriented group work.

#### Material needed

- a room that is large enough and has a suitable acoustic

#### Preparation

- getting an idea of the vocal possibilities of the group and choosing the appropriate exercises

#### Procedure:

- conscious breathing and body posture
- clear and accentuated speaking,
- speaking upright to an audience

#### Reflection

- What did this work do to you? Can you feel the differences in posture and articulation?

## Module 7

### Staging (6 – 8 hours)

#### Overview

Preparing and implementing the performance of a play on the chosen theme together.

#### Goals

- promotion of planning competence
- promotion of teamwork
- promotion of self-awareness

#### Type of activity

Individual work.

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## Preparation

- working out possible constructions/dramaturgies for a play that uses the participants' contributions as extensively as possible
- preparing of stage technology, sound technology and needed props

## Procedure:

- discussing possible constructions and the dramaturgy of the play
- preparing a public performance (rehearsal of central sequences, definition of spontaneous elements of the performance)
- doing a live performance (30 – 60 minutes)

## Reflection

- the reflection of this stage experience should take place at a separate point in time - together with the reflection of the overall process.

## Module 8

### Evaluation workshop (2 – 3 hours)

## Overview

Evaluating the process, the outcomes and the learning process

## Goals

- deepening the learning process

## Type of activity

Oriented group work

## Material needed

- if needed: material for moderation / documentation of the workshop

## Preparation

- preparing an presentation of the different moments of the group process (pictures, videos, outputs, etc.)

## Procedure/reflection:

- reflecting the group process
- reflecting individual processes (feelings, challenges, fears, interesting observations)
- reflecting contributions to the personal development of participants (individual outcomes; competences acquired)



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